October 2022 Worship Guide

CHERRYVALE UNITED METHODIST CHURCH - 709 CHERRY HILL DR, STAUNTON VA - 540 885 0098

This booklet contains the outline for each worship service during the month of September 2022.

As of the time of going to print, Sunday worship is in person, online and broadcast on the radio (you can listen in your car on FM 87.9, in the church parking lot). If you are not able to attend in person, you can watch online on our website and YouTube channel. Even if we are not worshiping in the same building, we are still one body, one family, we are brothers and sisters in Christ Jesus. Look up the scriptures referenced in the following pages; pray the words, and claim the promises for you and your family. - Pastor Jonathan

World Communion Sunday - October 2, 2022

On the first Sunday in October, United Methodist congregations joined many Christian churches across the globe in celebrating World Communion Sunday.

World Communion Sunday began as World-Wide Communion Sunday at Shadyside Presbyterian Church in Pittsburg, Pennsylvania in 1933. The Rev. Hugh Thompson Kerr and his congregation sought to demonstrate the interconnectedness of Christian churches, regardless of denomination. Rev. Kerr appropriately chose the sacrament of Holy Communion to symbolize this unity. "The term Holy Communion invites us to focus... on the holiness of our communion with God and one another," states This Holy Mystery, The United Methodist Church's official statement on the sacrament.

In 1940, the Federal Council of Churches of Christ in America, which included all of the predecessor denominations of The United Methodist Church, adopted World-Wide Communion Sunday. The global celebration occurs on the first Sunday in October.

In connection with the celebration of World-Wide Communion Sunday, the Methodist Church collected a special offering for the Fellowship of Suffering and Service. The Methodist Commission on Overseas Relief, the forerunner of today's United Methodist Committee on Relief received half of the offering. The other half was divided between two agencies that ministered to military members: the Methodist Commission on Chaplains and the Methodist Commission on Camp Activity.

Today, The United Methodist Church celebrates World Communion Sunday with congregations all over the globe. Followers of Jesus Christ in large churches and small, on farms and in cities, in ornate buildings and under tents, gather to receive the bread and cup of Holy Communion.

Some will receive cubes of bread. Some will tear from a common loaf. Some will receive a wafer. Some will drink from a common chalice. Some will dip a piece of bread into the cup. Some will have individual glasses. Some will use wine; some juice. Some will offer both. Pastors will lead a variety of liturgies, in many languages. Clergy will dress traditionally, formally, and casually.

Despite the differences in our denominations and traditions, we celebrate our unity in Jesus Christ, our Lord and Savior. In The United Methodist Church, World Communion Sunday continues to be a special giving Sunday. The monies raised today help provide scholarships for racial and ethnic minority students in the US, and students worldwide.

Give generously to The United Methodist Church's World Communion offering. Your gifts will assist those whom God has gifted to learn and to serve in the name of Jesus Christ.

Learn much more about the World Communion Sunday offering, and our other special giving Sundays at umcgiving.org.

OCTOBER WORSHIP

Worship Oct 2

Scriptures to read and meditate on

Lam 1:1-6; Ps 137; 2 Tim 1:1-14; Lk 17:5-10

Call to Worship

Come young and old, weak and strong, poor and rich, people of all nations and races, come to worship the Lord We come in faith, even faith the size of a mustard seed. Come healthy and sick, oppressed and free, sinners and saints, come to worship the Lord We come in faith, even faith the size of a mustard seed. Taste and see that the Lord is good. Come, one and all, to receive the Bread of Heaven and the Cup of Salvation. We come in faith, even faith the size of a mustard seed.

Prayer of Confession

Holy God, you tell us that having faith the size of a mustard seed can do great things, yet we live like the apostles asking Jesus to increase our faith. We say we trust in you, but our words and actions say otherwise. We have been unfaithful to you, yet you are always faithful to us. We have not loved and served our neighbors as you have taught us because our faith is inward seeking. Help us to realize that when we have faith in you, our lives are changed, our motives are transformed, our hearts are renewed, and that we can withstand the strong currents of life as a tree uprooted and planted in the sea.

Prayer of Thanksgiving

Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. As we offer our gifts this day kindle in us a deeper faith and a stronger commitment. May they symbolize our renewed commitment to holding you as the guiding leader of our lives. Grant that we may go into the world in the strength of your Spirit, walking by faith, to give ourselves for others. Through Christ our Lord we pray. Amen.

Worship Oct 9

Scriptures to read and meditate on

Jer 29:1, 4-7; 2 Timothy 2:8-15; Ps 66:1-12; Lk 17:11-19

Call to Worship

I will thank the Lord with all my heart as I meet with his godly people. How amazing are the deeds of the Lord! who delight in him should ponder them. Everything he does reveals his glory and majesty. His righteousness never fails. He causes us to remember his wonderful works. How gracious and merciful is our Lord! He gives food to those who fear him; he always remembers his covenant. He has shown his great power to his people by giving them the lands of other nations. All he does is just and good, and all his commandments are trustworthy. They are forever true, to be obeyed faithfully and with integrity. He has paid a full ransom for his people. He has guaranteed his covenant with them forever. What a holy, awe-inspiring name he has! Fear of the Lord is the foundation of true wisdom. All who obey his commandments will grow in wisdom. Praise him forever!

Prayer of Confession

O God, so often we take you for granted. We take for granted that you will answer our prayers, that you will heal us and make us whole. Even when healing comes in unexpected ways or when your healing means something greater than what we want. Sometimes we are not physically healed in this life and sometimes we forget that your healing goes beyond this physical body. We take for granted that you love us eternally. Forgive us for not appreciating your grace and presence in our lives. Forgive us for not worshiping you with grateful hearts each week and every day. Help us to be more thankful. Give us faith to see you in everything and everyone around us, so that we may be truly grateful.

Prayer of Thanksgiving

God of Healing, we thankfully acknowledge your infinite ability to reach out to those in need. You intimately know our personal storms and private challenges. You sent your Holy Son to restore and to mend our broken faith. We entrust these gifts we offer to your care, so that your reconciling love may be a beacon of hope for those in despair. Through Christ our Lord we pray. Amen.

OCTOBER WORSHIP

Worship Oct 16

Scriptures to read and meditate on

Jer 31:27-34; Ps 119:97-104 or Ps 19; 2 Tim 3:14-4:5; Lk 18:1-8

Call to Worship

We gather here to worship seeking a focus for our being. God calls us to worship the Word made flesh. We gather here to worship, though we feel drawn in too many directions, overwhelmed with too many tasks, chasing after something we can't quite name. God calls us to worship leaning into the Spirit of Truth. We gather here to worship, wondering and hoping, doubting and uncertain, frustrated and afraid. But we are here. God calls us to worship with our whole selves. We are here; let us worship with joy.

Prayer of Confession

From the least of us, to the greatest, Lord, we want to know you; we yearn to follow where you lead us; we need your guidance. But even as we listen for your direction, other voices compete for our attention with teachings that suit our desires. Our thoughts drift so far from your truth, that fables and fantasies begin to seem real. Holy One, open our hearts and minds. By your Spirit, convince, rebuke, and encourage us as only you can; teach, correct, and inspire us in the ways of your salvation.

Prayer of Thanksgiving

Holy God, as we offer our gifts to you this day, we pray that, in our giving, we may be reconnected to the reason why we follow and the reason why we give. You called us to be disciples who make disciples. All-in – knowing who we are, who you are. And why we are following. Help us avoid that which distracts, the desire to hear the things that please us and make the road easier, but that will not bring us to the kingdom of justice, mercy, and compassion you desire for us. In Christ, we pray, our guiding light. Amen.

Worship Oct 23

Scriptures to read and meditate on

Joel 2:23-32; Ps 65; 2 Tim 4:6-8, 16-18; Lk 18:9-14

Call to Worship

We worship because the Lord stood by us on difficult days. Even when we weren't aware and felt alone. We worship because the Lord gives strength. Even when we feel so weak. We worship because we have been rescued again and again. Even when we are afraid that we have lost. Come and worship the God who stands with us in our darkest days and promises to be with us to the end. We will worship in hope, seeking eyes to see and hearts to believe in God with us.

Prayer of Confession

Grace filled and Merciful Lord, too often we think we are good. We justify our actions that are hurtful to others. We think a good deed excuses all wrong. We think our practice of religion makes us saints. But we fail to recognize how broken we truly are. We don't acknowledge the sin within our hearts. Lord, free us from ourselves, from the ways we inflict more burdens upon ourselves and others. Help us to humble ourselves before you as we ask for your mercy upon us, as we are all sinners in need of your grace and mercy through Jesus Christ.

Prayer of Thanksgiving

Righteous and Holy God, we thank you that all we need do is accept your free gift of grace. We thank you that when we accept your gift that you then begin your work of transforming us, shaping, and molding us, into the image of Christ. We offer ourselves and our gifts in response of your grace upon us. Empower us to serve others from a place of humbleness and love. Empower us to proclaim the Good News of Jesus Christ to all the world. And empower us to live out your holiness in our lives. Through Christ our Lord we pray. Amen.

OCTOBER WORSHIP

Worship Oct 30

Scriptures to read and meditate on

Hab 1:1-4; 2:1-4; Ps 119:137-144; 2 Thess 1:1-4, 11-12; Lk 19:1-10

Call to Worship

God is our refuge and strength, always ready to help in times of trouble. So we will not fear when earthquakes come and the mountains crumble into the sea. Let the oceans roar and foam. Let the mountains tremble as the waters surge! The Lord Almighty is with us, the God of Jacob is our fortress.

Prayer of Confession

O God who reforms our world, we are powerless and have taken our focus off your Word. We have not allowed your Word to work in our lives, yet we continue to cry out to you in times of trouble and need. We want to cease to do evil. We want to learn to do good. Yet, we rarely do all we can to rescue, defend, and plead for those in need. Grant us courage, we pray, as persons, as communities, and as nations, to bring about the justice you desire. Grant understanding and wisdom that we may see your vision and apply it in our lives. Hear our prayer, O God, and call us back to you.

Prayer of Thanksgiving

Compassionate God, as Jesus did for Zacchaeus, you reach across the chasms that we've created, the ones where we've isolated ourselves from the redemptive power of your love. As with Zacchaeus, bridges have been built, and people who believed they were beyond your embrace have been welcomed to the table with open arms! As we give to you this day, may we also follow the example of Zacchaeus – with an explosion of gratitude and generosity – and may we also know his joy! We pray this in the name of Jesus, who invites himself to our table! Amen.

Verona Food Pantry

In addition to this list below, the food pantry has requested assistance with monetary donations for them to purchase fresh meat. Grocery stores are not donating meat like they used to and they have no fresh meat. You can make your donation to Cherryvale and note it is for the food pantry. Thank you.

This list is a guide line, any item you can give is welcomed. Drop off at the office before the end of the month.

October - canned veggies

November - canned 'thanksgiving'

December - Pot Luck

The food pantry is always looking for paper products; household, babies, ladies etc These items can be donated any time, we will get them to the food pantry for you.

If you would like to make a monetary donation to the food pantry, note your check 'food pantry' and we will take care of getting it to them for you.

What We Can Learn From Jonah

When you think of the book of Jonah, what immediately comes to mind? Probably the part where he gets swallowed by a whale, right? As amazing as that is, there's a lot more to this little book than an epic fish story.

The story of Jonah reveals so much about the character of God. We learn about the great extent of God's mercy and forgiveness — not only toward Jonah, but also toward the Assyrian Empire. We see His justice and righteousness as he sends Jonah to a people to tell them to repent because their wickedness has come up before him. We see God's authority and power as he creates the storm that eventually causes Jonah to get cast into the sea. And we see his sovereignty as he accomplishes his purposes, even if he has to use a reluctant prophet to do it.

The First Message

God's calling to Jonah to go and preach a message of repentance in Nineveh wasn't his first mission. Jonah lived in a time when the nation of Israel had been split into two kingdoms; the northern kingdom of Israel and the southern kingdom of Judah. Jonah lived in the north. The northern kingdom had been led by thirteen consecutive kings that did what was evil in the sight of the Lord, and as a result of their consistent disobedience, they were suffering. God had every right to punish them, but he saw their suffering and was merciful.

This is where Jonah first appears in the Bible. 2 Kings 14:25-27 Jeroboam II recovered the territories of Israel between Lebo-hamath and the Dead Sea, just as the LORD, the God of Israel, had promised through Jonah son of Amittai, the prophet from Gath-hepher. For the LORD saw the bitter suffering of everyone in Israel, and that there was no one in Israel, slave or free, to help them. And because the Lord had not said he would blot out the name of Israel completely, he used Jeroboam II, son of Jehoash, to save them. What a great calling!

God told Jonah to go and tell the northern kingdom of Israel that they would regain territories that had previously been lost to military conquest. Who wouldn't want to be the bearer of this good news to Israel? This assignment surely made Jonah one of the most popular people in the kingdom. Like Jonah, sometimes we love God's messaging. After all, the Bible is good news, filled with great and precious promises! But a pursuit of God doesn't always serve up the message we want to hear. Sometimes God calls us out of our comfort zones.

The Second Message

Jonah's next calling from God was a different matter altogether. This time God wasn't calling him to give another message to the Israelites – but instead to a pagan, Gentile city. Jonah 1:1-2 The Lord gave this message to Jonah son of Amittai, "Get up and go to the great city of Nineveh. Announce my judgment against it because I have seen how wicked its people are." But Jonah got up and went in the opposite direction to get away from the Lord. He went down to the port of Joppa, where he found a ship leaving for Tarshish. He bought a ticket and went on board, hoping to escape from the Lord by sailing to Tarshish.

This time Jonah was called to be the bearer of bad news. Instead of responding in obedience, Jonah ran — in the exact opposite direction of God's calling! Later in the story we learn why Jonah fled (Jonah 4:2): he knew that God is compassionate, and he couldn't stand the thought that God might let Israel's enemies off the hook. Like Jonah, sometimes we push against God's messaging and we want to run. We want to accept the good news and reject the bad. We pursue God on our own terms, and when we don't like what we hear, we run. And like Jonah, we can always find a boat going in the wrong direction.

Continued on back cover....

Psalm 121 Word Search

Just for fun, or use as a teaching aide with your younger family members.

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UDNKROBXAVRUULTYXGWSLCTNGEEAXS
JKUXEIOMEGREWKOYFSUREXJMHTBJVV
WIYKRVGFOZVPBUVOVNIFASNEYWTXIU
KYVJWNIHVTAFRMREJMZTRDICQVPBEG
E B W K P L U D T A A F W E U O O V S U S E O O P V F L M D
WAUAREKOHHOSVHTLYANXITJDUAJZJW
GNCUCAPOYOAEUEPXSOXGYESHADELYH
OVOISRHNTPRNPGTMTZSEDLVMOEHXDC
GYCAZTNSNMEODSTHWADRBEGIBFBVUZ
NVWBMHLYOLIEXLAYOURCOMINGAVEXH
EZXTJIYRNUZOKROYJRZNLJJEXUIBUN
V P S H P S E H C T A W M T H G I N Y B N O O M R M U W O Y
UEIOYONNOKPWIWHDJJCZEIIKDVAOCI
IILAKVPOQTASNHGNNTVGXHRBUNZDOS
ZCWINZDWNMBJVFEOHNLRIHTOESKLZS
SKOONOBOAOVJRVAAIDJAHAPBFADZMD
JNGBFVUAHMNMAKERVNNZAESEYEYMRT
GZKTOXDPJOGCUJAFUEGMEOOTLVXZAN
Z M P O I C O I G R O O N P A T O U N L R C C X K O B H H V
SWZXLKCKWFYJFVWIDCSBYUPMSMCSLF
UNBSBYDCREOZTILRAZIJJINUNPSOLK
IJIPDYZKUMDIUVOJUPODCIOUXXUXAX
EOLAEPTYJOONULMZRPHSWTADNENTWZ
WDVTTRCIKCFOEVMOCTBGRYVPHKOGEV
IAQBONLIZPZHZYKLRZKNTVOUXYXALE
PLUTAPUARLTPMZRLGXUFWDOOCUHTXG
GNEOOJXONELUEJQQUANBNADIWKFIDE
ASZBCPSDMHAFDWBZNORKCBUHWAKAYP
J O E R M M H F B N B D E N Z S U V W L W W S O A S K E H W
TMAELEOTEHNFXLLFVYAQGPTZPISKYC
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I lift up *my eyes* to the *mountains* where does my *help come from*?

My help comes from *the Lord*, the *Maker* of *heaven* and *earth*.

He will not let **your foot slip** he who **watches** over you will not **slumber**; indeed, he who watches over **Israel** will neither slumber nor **sleep**.

The Lord watches over you the Lord is your *shade* at your *right hand*; the *sun* will *not harm* you by day, nor the *moon by night*.

The Lord will *keep you* from *all harm* he will watch over *your life*;

the Lord will watch over *your coming* and *going* both *now* and *forevermore*.

What We Can Learn From Jonah

Continued from page 5

Collateral Damage

It's common knowledge that Jonah's running almost cost him his life. But few people remember that his disobedience had a ripple effect on the innocent bystanders in his story. Jonah boarded a boat headed for Tarshish and it wasn't long before its crew was in a world of hurt. Jonah 1:4-5 But the Lord hurled a powerful wind over the sea, causing a violent storm that threatened to break the ship apart. Fearing for their lives, the desperate sailors shouted to their gods for help and threw the cargo overboard to lighten the ship.

Consider the scene from the sailors' perspective. They didn't invite Jonah onto their boat or into their story; he just showed up. Little did they know that this disobedient prophet would cause them great material and emotional loss, even to the point of risking their lives.

Like Jonah, our bad choices create collateral damage. The devil tries to persuade us that our disobedience only impacts our own lives, but there's always a ripple effect. The Bible tells us the wages of sin is death (Romans 6:23) and our sin always brings loss – emotional, physical, relational, spiritual – to us and others.

The Providence of God

The crew finds out that Jonah is to blame for the storm and begins to interrogate him. They discover that he is a prophet of God and become even more terrified. They try harder to row to shore, but it's no use; the storm is too powerful. Jonah convinces them to throw him overboard, and as soon as they do, the sea goes calm. Their response is often overlooked: Jonah 1:16 The sailors were awestruck by the Lord's great power, and they offered him a sacrifice and vowed to serve him.

The story of Jonah is a tale of incredible miracles, and here's the most shocking one: a changed life. The sailors didn't know God at the beginning of the story, and by the end they're offering him a sacrifice of praise. Notice that they didn't make a vow to God if he would deliver them; they did it because he had already done it. God used Jonah's disobedience to reveal himself to these unsuspecting pagan sailors, and it changed everything for them. This is the principle of God's providence:

Romans 8:28 (NLT) And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

Like with Jonah, God can make good out of our bad decisions. He is always at work, whether we're running to him or from him. That's the thread that runs through the book of Jonah. It's more than an epic fish tale. It's the story of the God of miracles who's eager to give everyone a second chance.

You can now manage your membership account details in our Engage' portal.

Use this QR code to be directed to our site, and follow the online prompts.

Or visit https://engage.suran.com/cherryvaleumc



CHERRY BERRY CHRISTMAS SHOPPE & CRAFT FAIR

DECEMBER 3, 2022

Time to clean out those closets, dust off what you have not used in years and donate Christmas & holiday items to the Cherry Berry Christmas Shoppe.

SUGGESTED ITEMS:

Artificial Christmas Trees Table Decorations &

Ornaments Centerpieces

Full rolls of gift wrap Table cloths & Napkins

Full rolls of ribbon Christmas Linens

Nut Crackers Christmas Mugs & Glasses

Gift Boxes Christmas Plates

Wreaths Holiday Dinnerware

Candles Stockings

Stocking Hangers Serving Platters

Tree Skirts Garland & Tinsel

Tree Toppers Reindeer & Santas

String Lights Nativity Sets

Decorator Pillows Artificial Poinsettias, Holly

Holiday Bakeware & Mistletoe

Velvet Bows Advent Calendars

Scented Pine Cones Train & Track Sets

Outdoor inflatables Lighted Villages

This list is not exhaustive and there are probably lots more items you have in mind.

All items donated need to be in full working order, no chips, dings, stains, broken tree limbs, or missing parts. New or excellent used condition only. If you are in doubt, think "would I buy this item?" before donating to the Cherry Berry Christmas Shoppe.

Please share this request with your friends and neighbors. Drop off items during service, office hours or Wednesday AM from 9-12, and collection is also be available by calling the office.

save the date!

FRIDAY OCTOBER 14TH - 4 P.M. UNTIL IT'S GONE!

drive-thru

PORK LOIN DINNER

\$15. ADVANCE TICKETS ONLINE OR FROM THE CHURCH OFFICE. www.cherryvaleumc.com 540 885 0098





See overleaf for how you can help with the Cherry Berry Christmas Shoppe